

# 2018 NO COST-SHARE PREVENTIVE MEDICATIONS

by drug category

At Cigna, your health and well-being is important to us. We want you to live life to the fullest. Taking your preventive medications regularly can help you get – and stay – healthy.

## Health care reform requires coverage of certain preventive medications at no cost-share to you

Health care reform under the Patient Protection and Affordable Care Act (PPACA) requires plans to cover certain preventive medications and products at 100%, or no cost-share (\$0) to you.\* The U.S. Preventive Services Task Force and the Institute of Medicine provides guidance on which drug classes should be covered. These recommendations are meant to help prevent disease, as well as meet women's unique health care needs.

## Preventive medication coverage

This drug list shows the prescription medications and over-the-counter medicines (available without a prescription) and products available to you at no cost-share (copay, coinsurance and/or deductible). This list is updated as the U.S. Preventive Services Task Force makes new recommendations.

You should log into **myCigna.com** or check your plan materials to learn more about how your plan covers preventive medications. You can also use the Drug Cost tool to estimate how much your medications may cost.

\*The no-cost share preventive coverage under the Affordable Care Act remains in effect at this time. Should health care reform change, we will review the guidance at that time.

## Religious exemptions to the coverage of contraceptives

PPACA allows certain employers to exclude contraceptives from coverage due to religious beliefs. If you're a woman with medical coverage through one of these employers, Cigna will let you know that your plan does not cover these medications. Where required by law, Cigna will offer to pay for your contraceptives and/or certain medications at no extra cost to you (if you choose). This coverage is private and confidential and isn't administered, funded by or connected in any way to your employer's health coverage.

## Choosing the right preventive medication

There are many preventive medications covered under PPACA. You should talk with your doctor to find out which medication or product may be right for you. If your doctor feels a certain contraceptive medication or smoking cessation medication on this list isn't right for you, ask your doctor to call us. Together, we'll look for other medications and products (not on this list) that may be available at no cost-share to you. For preventive medications (including over-the-counter medicines) to be covered, you'll need to get a prescription from your doctor.

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

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**This drug list shows the prescription medications and over-the-counter medicines and products available to you at no cost-share under PPACA. This list is updated as the U.S. Preventive Services Task Force makes new recommendations.**

## Aspirin Products

Ascriptin  
Aspir 81  
aspirin  
aspirin EC  
Aspir-low  
Bayer chewable aspirin  
buffered aspirin  
Bufferin  
children's aspirin  
Ecotrin  
EcPirin  
Lite Coat Aspirin  
low-dose aspirin EC  
tri-buffered aspirin

## Breast Cancer Prevention

### Available to females

raloxifene  
tamoxifen

## Barrier Contraception

### Available to females

Caya Contoured  
Conceptrol  
FC2 Female Condom  
Femcap  
Gynol II  
Today Contraceptive Sponge  
VCF  
Wide Seal Diaphragm

## Bowel Prep Products for Colorectal Cancer Screenings

### Available to males and females 50–75 years of age

Alophen  
bisacodyl  
Bisa-lax  
Clearlax  
Colyte With Flavor Packets  
Correctol  
Ducodyl  
Dulcolax  
Gavilax  
Gavilyte-C

Gavilyte-G  
Gavilyte-N  
Gentle laxative  
Gentlelax  
Gialax  
Glycolax  
GoLyteLy  
Healthylax  
Laxaclear  
laxative tablet  
Miralax  
Moviprep  
Natura-lax  
NulyteLy With Flavor Packs  
Osmoprep  
peg 3350  
peg 3350-electrolyte  
peg 3350 with flavor packs  
peg-prep  
Powderlax  
Prepopik  
Purelax  
Smoothlax  
Suprep  
TriLyte with flavor packets  
women's laxative

## Cholesterol Medications<sup>+</sup>

### Available to males and females 40–75 years of age

atorvastatin 10mg, 20mg  
fluvastatin 20mg, 40mg  
fluvastatin ER 80mg  
lovastatin 20, 40mg  
pravastatin 10mg, 20mg, 40mg,  
80 mg  
rosuvastatin 5mg, 10mg  
simvastatin 10 mg, 20mg, 40 mg

## Emergency Contraception

### Available to females

Aftera  
Econtra EZ  
Ella  
Fallback solo  
levonorgestrel  
My Way  
Next Choice One Dose

Opcicon One-Step  
Option 2  
React  
Take Action

## Hormonal Contraception<sup>^\*</sup>

### Available to females

Altavera  
Alyacen  
Amethia  
Amethia LO  
Apri  
Aranelle  
Ashlyna  
Aubra  
Aviane  
Azurette  
Balziva  
Bekyree  
Blisovi 24 FE  
Blisovi FE  
Briellyn  
Camila  
Camrese  
Camrese lo  
Caziant  
Chateal  
Cryselle  
Cyclafem  
Cyred  
Dasetta  
Daysee  
Deblitane  
Delyla  
desogestrel-ethinyl estradiol  
desogestr-eth estrad eth estra  
drospirenone-eth estra-levomef  
drospirenone-ethinyl estradiol  
Elinest  
Emoquette  
Enpresse  
Enskyce  
Errin  
Estarylla  
ethynodiol-ethinyl estradiol  
Falmina  
Fayosim

<sup>+</sup> For plans renewing on or after November 1, 2017, these medications are covered at no cost (\$0) as preventive medications under the Patient Protection and Affordable Care Act (PPACA). This means that, as of your plan's renewal date, you won't pay any money to fill a prescription for these medications. PPACA coverage requirements do not apply to all plans; for those plans, you'll have to pay your plan's preventive cost-share to fill these medications. To find out how your plan covers PPACA preventive medications, log into myCigna.com and use the Drug Cost tool or check your plan materials.

## Hormonal Contraception<sup>^\*</sup>

(continued)

Femynor  
Gianvi  
Gildagia  
Heather  
introvale  
Isibloom  
Jencycla  
Jolessa  
Jolivette  
Juleber  
Junel  
Junel FE  
Junel FE 24  
Kaitlib FE  
Kariva  
Kelnor 1-35  
Kimidess  
Kurvelo  
Larin  
Larin 24 FE  
Larin FE  
Larissia  
Layolis FE  
Leena  
Lessina  
levonest  
levonorgestrel-eth estradiol  
levonorg-eth estrad eth estrad  
Levora-28  
Lomedia 24 FE  
Loryna  
low-ogestrel  
Lutera  
Lyza  
Marlissa  
Mibelas 24 FE  
Microgestin  
Microgestin 24 FE  
Microgestin FE  
Mono-Linyah  
Mononessa  
Myzilra  
Necon  
Nikki  
Nora-be  
norethindrone  
norethindron-ethinyl estradiol  
norethin-eth estra-ferrous fum  
norgestimate-ethinyl estradiol  
Norlyda

Norlyroc  
Nortrel  
Ocella  
Orsythia  
Philith  
Pimtrea  
Pirmella  
Portia  
Previfem  
Quasense  
Rajani  
Reclipsen  
Rivelsa  
Setlakin  
Sharobel  
Sprintec  
Sronyx  
Syeda  
Tarina FE  
Tilia FE  
Tri Femynor  
Tri-Estarylla  
Tri-Legest FE  
Tri-Linyah  
Tri-Lo-Estarylla  
Tri-Lo-Marzia  
Tri-Lo-Sprintec  
Trinessa  
Trinessa LO  
Tri-Previfem  
Tri-Sprintec  
Trivora-28  
Velivet  
Vestura  
Vienva  
Viorele  
Vyfemla  
Wera  
Wymzya FE  
Xulane  
Zarah  
Zenchent  
Zenchent FE  
Zovia 1-35e  
Zovia 1-50e

^ If your doctor feels these medications aren't right for you, ask him/her to call us. There may be other brands available at no cost-share to you

\* Generic hormonal contraceptives are available at no cost-share to you, even though they may not be listed here

## Fall Prevention/Vitamin D Supplementation

Available to adults 65 years of age and older to prevent falls

Baby D Drops  
Baby vitamin D3  
D3-2000  
D3-50  
D drops  
Decara  
Delta D3  
Dialyvite Vitamin D3 Max  
D-vi-sol  
D-vita  
Just D  
Kids vitamin D3  
Maximum D3  
Optimal D3  
Optimal D3 M  
Replesta  
Replesta NX  
Super Daily D3  
Thera-D  
Vitajoy daily D  
vitamin D  
vitamin D3  
vitamin D-400

## Folic Acid Supplementation

Available to females (Only includes products containing 0.4 mg-0.8 mg of folic acid)

Daily prenatal  
FA-8  
folic acid  
KPN  
One daily prenatal  
Perry Prenatal  
Prenatal  
Prenatal complete  
Prenatal formula  
Prenatal Formula-DHA  
Prenatal multi + DHA  
Prenatal multivitamin  
Prenatal multivitamin-DHA  
Prenatal vitamin  
Right Step prenatal vitamins  
Urosex

## Pediatric Multivitamins Containing Fluoride and Fluoride Supplements

Available to males and females  
six months – six years of age

Escavite  
Escavite D  
Floriva 0.25mg, 0.5mg  
Floriva drops  
Fluorabon  
Fluor-a-Day  
fluoride 0.25mg, 0.5mg  
Fluoritab  
Flura-Drops  
Ludent fluoride 0.25mg, 0.5mg  
multivitamin-iron-fluoride  
multivitamin with fluoride  
MVC-fluoride 0.25mg, 0.5mg  
Poly-Vi-Flor 0.25mg, 0.5mg  
Poly-Vi-Flor FS 0.25mg, 0.5mg  
Poly-Vi-Flor with Iron 0.25mg,  
0.5mg  
Poly-vi-sol with Iron

Poly-vita with iron  
polyvitamin with iron  
polyvitamin-fluoride  
Quflora ped drop  
sodium fluoride 0.25mg, 0.5mg  
Texavite LQ  
Tri-vi-flor  
tri-vit with fluoride-iron  
tri-vitamin with fluoride drops  
vitamins A, C, D and fluoride

## Pediatric Iron-Containing Products/Fluoride Supplementation

Available to males and females  
six months – 12 months of age

children's iron  
Fer-in-sol  
fer-iron  
children's ferrous sulfate  
Icar  
Ironup  
Novaferum drops  
Wee Care

## Smoking Cessation<sup>^\*</sup>

Quantity limits apply

bupropion SR 150mg (generic for  
Zyban)  
nicoderm CQ  
Nicorelief  
Nicorette  
nicotine gum  
nicotine lozenge  
nicotine patch  
NTS  
Quit 2  
Quit 4  
stop smoking aid

^ If your doctor feels these medications aren't right for you, ask him/her to call us. There may be other brands available at no cost-share to you

\* Generic nicotine replacement therapy (known as "store-brands" are available at no cost-share to you, even though they may not be listed here)



Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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